# BC SUMMER GAMES SHARING COMMUNITY PRIDE

### WHAT IS THE BC SUMMER GAMES?

The BC Summer Games provide an opportunity for selected BC Wrestling members to compete in an organized sports festival that promotes physical fitness, individual achievement, and community pride.

#### WHO CAN PARTICIPATE?

Athletes: age 14 to 17 selected by Zone Representative.

136 athletes from all Zones combined.

Coaches: 1 Head Coach and 1 Assistant Coach per zone.

Officials: 14

#### WHERE DOES IT TAKE PLACE?

The next BC Summer Games will take place in Prince George.

Preparation for the Games will take place within each Zone and determined by the Zone Representative and Zone coaches.

### WHEN?

#### Prince George - 2022 BC Summer Games, July 21-24, 2022.

Team selection is determined by each of the 8 Zones and is typically through a selection competition organized by the Zone Representatives and Zone coaches. Zone training and preparation for athletes begins in May of the year of the competition.

# WHY SHOULD YOU PARTICIPATE?

The BC Games brings together British Columbia's best emerging high performance athletes, trained coaches, and certified officials for four days of competition. This experience is an important development opportunity and stepping stone towards higher level sport competitions.

Student athletes may receive credits towards secondary school graduation.

Notable past participants: Carol Huynh (Olympian 2008 Gold & 2012 Bronze), Travis Cross (Olympian 2008)

## **HOW TO JOIN?**

Athletes must qualify through their Zone. Contact BCWA for more information on Zone selection procedure. Coaches are selected by the Zone Representative. 1 Head Coach and 1 Assistant Coach per zone. Officials are to contact BCWA or BCWOA for more details.

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